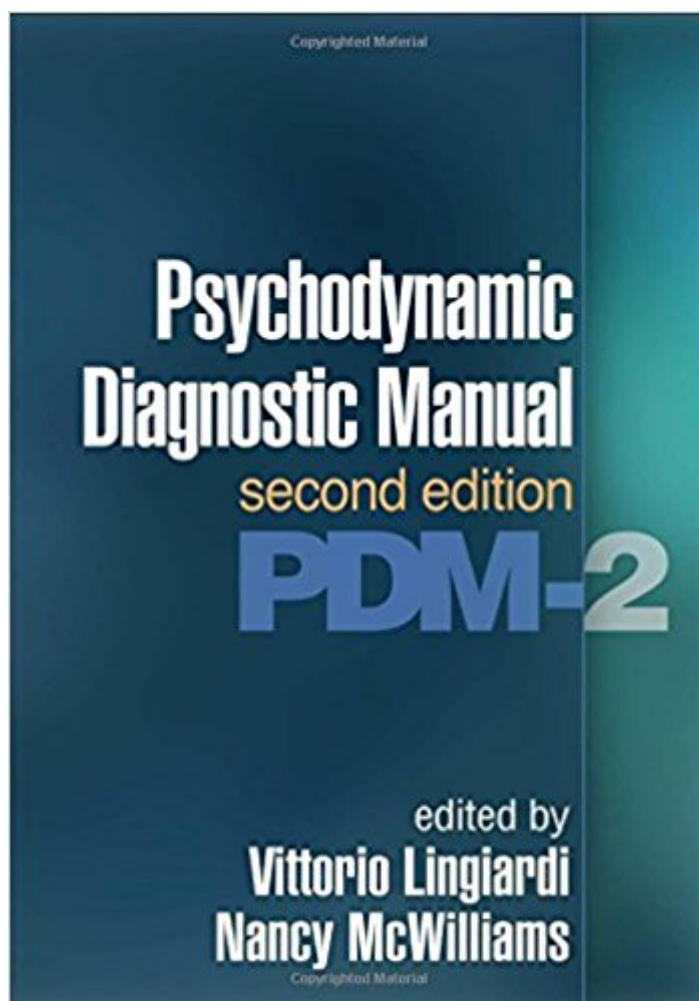


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# Psychodynamic Diagnostic Manual, Second Edition: PDM-2



## Synopsis

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories. Explicitly oriented toward case formulation and treatment planning, PDM-2 offers practitioners an empirically based, clinically useful alternative or supplement to DSM and ICD categorical diagnoses. Leading international authorities systematically address personality functioning and psychological problems of infancy, childhood, adolescence, adulthood, and old age, including clear conceptualizations and illustrative case examples.

Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM-derived rating scales in a convenient 8 1/2" x 11" size.

New to This Edition \*Significant revisions to all chapters, reflecting a decade of clinical, empirical, and methodological advances. \*Chapter with extended case illustrations, including complete PDM profiles. \*Separate section on older adults (the first classification system with a geriatric section).

\*Extensive treatment of psychotic conditions and the psychotic level of personality organization.

\*Greater attention to issues of culture and diversity, and to both the clinician's and patient's subjectivity. \*Chapter on recommended assessment instruments, plus

reproducible/downloadable diagnostic tools. \*In-depth comparisons to DSM-5 and ICD-10-CM

throughout. Sponsoring associations include the International Psychoanalytical Association, Division 39 of the American Psychological Association, the American Psychoanalytic Association, the International Association for Relational Psychoanalysis & Psychotherapy, the American Association for Psychoanalysis in Clinical Social Work, and five other organizations.

## Book Information

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## Customer Reviews

"PDM finally has given clinicians--as well as researchers and theorists--an alternative to DSM, which is largely based on symptom counting. As the editors state, PDM provides a 'taxonomy of people' rather than a 'taxonomy of disorders.' While the first edition was a monumental achievement, the second edition is even more impressive. It is an invaluable resource not only for diagnostic purposes, but also for teaching and research. I recommend this book to anyone--psychologist, psychiatrist, psychoanalyst, social worker, or educator--interested in an ecologically valid way of assessing personality and mental functioning."--Morris N. Eagle, PhD, ABPP, Distinguished Educator-in-Residence, School of Graduate Psychology, California Lutheran University "People are more than their diagnoses. Diagnostic formulations rooted in the diversity and humanity of the people we aim to help and, at the same time, rooted in carefully evaluated empirical evidence represent the real gold standard in our field. This synthesis is precisely what PDM-2 aims for. The book will be of value both to practicing clinicians and to those teaching the next generation to think in ways that combine rigor with empathy for the client's experience."--Paul L. Wachtel, PhD, Distinguished Professor, Doctoral Program in Clinical Psychology, City College and the Graduate Center of the City University of New York "It is quite difficult to achieve agreement on psychiatric diagnosis, and almost impossible to achieve agreement on psychodynamic concepts. The most interesting aspects of human nature are inherently the very hardest to agree upon, because they are also the most idiosyncratic, complicated, buried, and inferential. This heroically ambitious book is a startlingly successful synthesis of the confusing babel of different psychoanalytic tongues. It will improve the daily practice of psychodynamic clinicians, enliven teaching in the field, and contribute to the infant field of psychodynamic research. A labor of love and erudition."--Allen Frances, MD, Department of Psychiatry and Behavioral Sciences (Emeritus), Duke University "A masterful work that fills a gap in the clinical literature. This 21st-century psychodynamic manual not only covers diagnostic formulations, but also presents validated research tools that can be used in assessment of patients. The editors have recruited leaders in the field from across the globe to contribute to this major, far-reaching resource. PDM-2 takes a lifespan approach, covering infancy, childhood, adolescence, adulthood, and old age. Crucially, it takes seriously the need to integrate research and practice, with clear comparisons between the PDM-2 and DSM and ICD diagnostic systems. The inclusion of extensive case material helps the editors achieve their goal of addressing the complexities rather than just the symptoms of

patients."--Miriam Steele, PhD, Department of Psychology, The New School for Social Research

Vittorio Lingiardi, MD, is Full Professor of Dynamic Psychology and past Director (2006-2013) of the Clinical Psychology Specialization Program in the Department of Dynamic and Clinical Psychology of the Faculty of Medicine and Psychology, Sapienza University of Rome, Rome, Italy. His research interests include diagnostic assessment and treatment of personality disorders, process-outcome research in psychoanalysis and psychotherapy, and gender identity and sexual orientation. He has published widely on these topics, including articles in the *American Journal of Psychiatry*, *World Psychiatry*, *Contemporary Psychoanalysis*, *International Journal of Psychoanalysis*, *Psychoanalytic Dialogues*, and *Psychoanalytic Psychology*. Dr. Lingiardi is a recipient of the Ralph Roughton Paper Award from the American Psychoanalytic Association. He serves on a steering committee for the Italian Ministry of Education, Universities, and Research, and on a scientific committee for the Italian Office against Discrimination.

Nancy McWilliams, PhD, ABPP, is Visiting Professor in the Graduate School of Applied and Professional Psychology at Rutgers, The State University of New Jersey, and has a private practice in Flemington, New Jersey. She is on the editorial board of *Psychoanalytic Psychology* and has authored three classic books on psychotherapy, including the award-winning *Psychoanalytic Diagnosis, Second Edition: Understanding Personality Structure in the Clinical Process*. Dr. McWilliams is an Honorary Member of the American Psychoanalytic Association and a former Erikson Scholar at the Austen Riggs Center in Stockbridge, Massachusetts. She is a recipient of the Leadership and Scholarship Awards from Division 39 (Psychoanalysis) of the American Psychological Association (APA) and the Hans H. Strupp Award from the Appalachian Psychoanalytic Society, and delivered the Dr. Rosalee G. Weiss Lecture for Outstanding Leaders in Psychology for APA Division 42 (Psychologists in Independent Practice). She has demonstrated psychodynamic psychotherapy in three APA educational videos and has spoken at the commencement ceremonies of the Yale University School of Medicine and the Smith College School for Social Work.

Must-have for all conditions to understand patient issues and dynamics and treatment

This is an incredible diagnostic text and is an evolved clinicians alternative to the DSM-5. Although it specifically outlines and connects psychodynamic theory to the DSM-5 in a specific section, it goes layers deeper than the DSM through its unique axes. The components give rise to richer understandings of the people we treat, rather than simply pinpointing a clustering of symptoms.

What use is it to know where the bumps and bruises are? This text is a guide to the etiology of such wounds and through a deep understanding offers therapists a guide into the psyche of one who carries such ails, providing clinicians different ways of being as one navigates through the rich, compassionate, and scientifically based descriptions of various personality styles, organization, and domains of functioning. Throughout the text you can hear the down to earth and easily understandable psychodynamic writings of Nancy McWilliams. This text will not only give you more compassion but can help you to diagnose more accurately, conceptualize in multidimensional ways, and most importantly guide your treatment in a way that connects and creates depth.

I have little to add to the already fine comments noted in the blurb and in the recent review. As someone "present at the beginning" (only a mere observer) of the discussions of the brilliant clinicians and researchers who took so much time out of their lives to compile this remarkable text (all royalties will go to a research fund, not the authors), I can only add my admiration for the thoroughness of their accomplishment. In particular, their work is a marked advance over the PDM in fleshing out both the rationale for their approach and providing the tools for others to actually use this text in both clinical work and research. One unpleasant observation, however, is required: This text reminds us how far away the mental health establishment is from doing both in-depth clinical work and research efforts that are tied to "real world" outcomes. Will working clinicians have the time and resources to complete the in-depth assessments that the PDM2 lays out as essential in guiding clinical work? Will researchers abandon the useless categories of the DSM5 to develop research methods that take into account the real complexity of human experience that the PDM2 demands as essential? This text is a dagger thrust into the mindless (and heartless) enthusiasms of "evidence-based" research and therapies divorced from human experience.

The Psychodynamic Diagnostic Manual-2 is a taxonomy to understand people at all stages of development. I am a chapter editor and did much of the research for the PDM-2. It helps us understand what is healthy (capacity for learning, rewarding intimacy, identity, realistic view of life, values and meaning, etc.) and well as personality styles from healthy, neurotic, borderline and psychotic. The aim of the PDM-2 to help better understand people so that they can have a more effective therapy tailored to their uniqueness. The PDM-2 looks at the full range of development from infancy to late life. It has tools to help with a PDM-2 formulation that can be used for teaching, progress notes or research. It was a labor of love for all of us who believe that understanding people involves more than seeing them in terms of symptoms. The reviewer who gave the PDM-2 a one star

probably did not read it, but rather used this as an opportunity to give a rant on the political/ reimbursement issues in the UK. The PDM-2 was not created to solve those problems but to offer an adjunct to the DSM/ICD systems so that therapists of all theoretical orientations can do more scientifically informed, focused treatment.

There have been quite successful campaigns to save psychoanalytic therapy from extinction over the past few decades in UK, but the proposals in this book go too far in an attempt to impress funders with pseudo science. In the public sphere in the UK, there has been huge levels of criticism of the types of diagnoses using degrading, unreliable checklists which claim to define individuals. The ultra refined labels described in this book just ape the dehumanising psychiatric diagnostic manual which is equally considered unacceptable by many practitioners and is certainly rejected and stigmatises those on the receiving end of services. The intention to provide better services sounds benign yet real individuals are likely to be subjected to these degrading processes by practitioners who are impressed by the new 'science' that is being promoted by some psychoanalysts who are in positions of influence. The advocates of this approach tend to be older men who perhaps need something novel after decades of practice but what clients need is a relationship with a person who cares not a computer which computes a diagnosis. Complex individuals in the real world rather than a clinic cannot be pinned down in this way. How one person - a therapist, researcher whoever can claim to understand another in this way is a nonsense. They may well be creating yet another split between organisations which find this approach in a cavalier way contradicts the fundamentals of psychoanalytic psychotherapy. An extremely serious result of this publication is that inexperienced therapists, despite caveats given by the publishers, are likely to use it - the book is and should be, in the public domain. But perhaps most obviously, it is hardly credible that the authors are unaware of the dire state of mental health/therapy services in the UK and elsewhere in Europe. How would therapists who are supposed to provide equitable services, even be trained to use the manual? would they be obliged to prove qualifications to clients? Is the method and diagnosis to be transparently described to clients? When even psychiatric/therapy organisations are speaking out about the lack of any mental health services available to both adults and children/adolescents, when there is a massive lack of mental health workers and facilities have closed down - should this not be addressed in any book on mental health services? Mental health Services in general have been described in July 2017 by Inspectors as outdated and not fit for providing appropriate care in the UK - this book just seems an indulgence. It is not even clear whether there has been any official approval for it to be used in the UK?

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